

Endosee® Office Hysteroscopy:

What to Expect





is a diagnostic tool that lets your doctor see the inside of your uterus quickly and easily right in his or her office, without the need for general anesthesia in an operating room. Endosee helps find the cause of several common issues women face such as abnormal bleeding and infertility concerns.

Before using Endosee, your doctor will need to look at your health history, but most women are able to have the procedure without a problem.

HOW TO PREPARE FOR THE PROCEDURE

- 1 You should avoid sexual intercourse, vaginal medications or creams & douching for 24 hours before the procedure
- 2 Your doctor will discuss any additional steps and may prescribe a special medication to soften the cervix

What Happens During an Endosee Procedure?



Your doctor will first discuss and describe the procedure in detail, as well as check your vital signs such as blood pressure and temperature. Then, you'll lie on your back and place your feet in the stirrups, just like during your annual exam. Your doctor will look inside the vagina and prepare the cervix for Endosee. Next, your doctor will insert the thin, flexible Endosee tube with a tiny camera at the tip through the cervix and then inside the uterus (womb). He or she will look around the uterus briefly, and then remove the tube. To get more information, your doctor may decide to take a small sample (biopsy) of the lining of the uterus after the tube is removed. The entire procedure usually lasts less than 10 minutes from start to finish. It is important to tell your doctor how you are feeling during the procedure.



What Happens Afterwards?



Since Endosee provides faster diagnostic results than other tests, your doctor may be able to determine whether or not another procedure or treatment plan is needed before you leave the office that day. After your appointment, you are free to go about your normal daily activities.



Are There Any Potential Side Effects?



You can feel confident that Endosee is safe and minimally-invasive. Most patients experience little or no discomfort during and after the procedure. Some women do experience spotting, menstrual-like cramps and stomach discomfort, though. Your doctor may prescribe a pain reliever to ease some of these side effects.

Since every medical treatment involves risks, you should talk to your doctor about all the potential side effects. Also, ask your doctor about the results you should expect.